

Dementia support for Health Professionals

Useful steps to follow after diagnosis



Treat and refer your patient

Provide treatment and options for managing dementia and share dementia [resources](#).

Refer to specialists, allied health and advanced care planning professionals via [HealthPathways](#).

Provide links to the [Dementia Guide](#) and [Checklist](#).



Contact the National Dementia Helpline

Call 1800 100 500

Free helpline, available 24/7.

No issue too big, no question too small.

From here your patient can learn more about [what dementia is](#) and [connect with supports](#).



Call other helplines

There is a [list of helplines](#) available to call that offer a range of support.

You can also advise patients to read or listen to [chapter 11 of the Dementia Guide](#) for further support and information.



Accessing culturally appropriate care

If your patient needs culturally appropriate care, additional information can be found on [HealthPathways](#):

- Aboriginal and Torres Strait Islander Health
- Refugee Health
- Multicultural Services.



Provide advice about supports for family and carers

Support for carers and family members is available from government, community and local agencies.

[Carer Gateway](#) can help you connect with these services. Call **1800 422 737**



Learn more

A full list of evidence-based practices and health pathways that can help you provide the best care and support for your patient can be found by scanning the QR code or at

[coordinare.org.au/dementiasupport](https://www.coordinare.org.au/dementiasupport)