

## Dementia Advisory Service Contact Details

Referrals to DAS can be made  
through:

**My Aged Care**

**[www.myagedcare.gov.au](http://www.myagedcare.gov.au)**

**Help line: 1800 200 422**

(8 am to 8 pm Monday—Friday)

(10 am to 2 pm Saturday)

**Direct contact numbers for  
existing clients:**

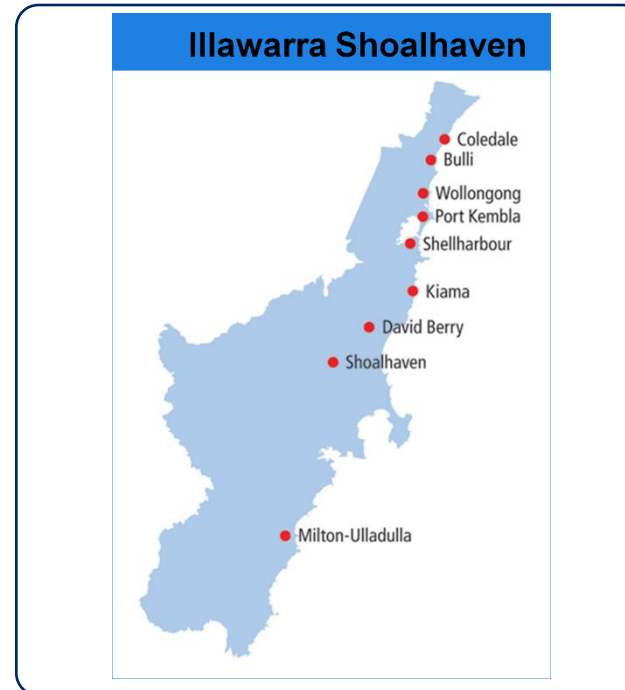
**Wollongong, Shellharbour, and  
Kiama**

**Telephone: 4223-1439**

**Shoalhaven**

**Telephone: 4223 1433**

## Dementia Advisory Service Coverage



**Need an Interpreter?** Interpreters are available if you need help to communicate with staff. The service is free and confidential. We will book the interpreter for you. You can also call the Translating and Interpreting Service on 131 450 if you need to speak to someone before your appointment.

**Need an Aboriginal Health Worker?**

An Aboriginal Health Worker (AHW) advocates for the needs of consumers who identify as Aboriginal or Torres Strait Islander. They can provide support and information to help you. Tell staff you would like to speak to an AHW, or let them know if there is an AHW you would like us to contact.



Date of Publication: 2023  
Ref: document no.

## Illawarra Shoalhaven Local Health District



## Dementia Advisory Service

Information for people with  
dementia and their carer partners



## Are you Caring for someone with Dementia?

The Dementia Advisory Service (DAS) offers support to people with memory concerns and to their families and care partners.

The service is confidential.

The DAS can offer telephone support or home visits.

### Who can access and use this service?

- People living with dementia/memory loss and their carer partners
- Community groups
- Health professionals

**We welcome referrals through  
My Aged Care 1800 200 422**

## DAS supports

- People with memory concerns and their care partners by offering education and day to day advice on managing and living well with dementia.
- Provide information on services to assist your needs including local support groups.
- Supporting and advising local community carers' groups.
- Promotion of dementia awareness in the general community, including the benefits of early diagnosis.
- Supporting and developing local service networks.

**There is no cost for this service.**



## Useful Contacts

### My Aged Care

**[www.myagedcare.gov.au](http://www.myagedcare.gov.au)**

Help line: 1800 200 422

(8 am to 8 pm Monday—Friday)

(10 am to 2 pm Saturday)

### Dementia Behaviour Management Advisory Service (DBMAS)

24 Hour Telephone Assistance

1800 699 799

### Carer Gateway

**[www.carergateway.gov.au](http://www.carergateway.gov.au)**

8 am to 5 pm Monday to Friday

1800 422 737

### National Dementia Help Line

1800 100 500

24 hours per day

7 days per week