



Tailored Education for Multidisciplinary Teams (TEMT)

Supporting primary health care teams to improve patient outcomes and experiences.

LOCAL COORDINARE Resources for the region

Commissioned service partners - COORDINARE commission partners to deliver health - promoting and preventative mental health services, support GP capability and provide care for people living with mental health issues [downloadable list of support services here](#)

Suicide Prevention - we work in partnership with communities to reduce suicide and its impacts through a whole of community approach, our suicide prevention team support the [Illawarra Shoalhaven Suicide Prevention Collaborative](#), the [Bega Valley Eurobodalla Suicide Prevention Collaborative](#) and the [Goulburn and Region Suicide Prevention Network](#)

Initial Assessment and Referral Decision Support Tool

[Initial Assessment and Referral Decision Support Tool | COORDINARE - South Eastern NSW PHN](#)

Peer work - Embedding people with lived experience in local services

[Peer Work | COORDINARE - South Eastern NSW PHN](#)

- Digital Mental Health Resources:
 - [This Way Up](#)
 - [Medicare Mental Health](#)
 - [E-Mental Health in Practice](#)
- HealthPathways:
 - [ACT and Southern NSW mental health pathways](#)
 - [Illawarra Shoalhaven mental health pathways](#)



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Drug and Alcohol

- Services we fund - [Service summary | COORDINARE - South Eastern NSW PHN](#)
- Flyers for General Practice with localised information about drug and alcohol services
 - [Alcohol-and-drug-flyer-A4_Illawarra-Shoalhaven.pdf](#)
 - [Alcohol-and-drug-flyer-A4_Southern-NSW.pdf](#)
- A list of clinical training resources
 - For GPs
 - <https://www.racgp.org.au/alcohol-and-other-drugs>
 - <https://www.betterpainmanagement.com/product?catalog=TGA-BPM&fbclid=IwAR0kb5aZ8bSEriBJadoCLaw-cWGLrLJ8MK3Qla2Y9XRNUfNE2a6LZ7PxcZ4>
 - <https://vimeo.com/352843983>
 - <https://www.acrrm.org.au/courses/online/drug-alcohol/online-course>
 - <https://www.gpsupport.org.au/webinar-5>
 - <https://otac.org.au/>
 - <https://www.youtube.com/watch?v=v4PIE-own9Y>
 - <https://www.sydney.edu.au/matilda-centre/resources/for-clinicians.html#phn>

To learn more about the APNA TEMT program, scan our QR code or visit our website:
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LOCAL COORDINARE Resources for the region

- A list of clinical training resources
 - For all Health Professionals
 - <https://soundcloud.com/user-739013830/alcohol-misuse-and-mental-health>
 - <https://comorbidityguidelines.org.au/guidelines/>
<https://comorbidityguidelines.org.au/resources/webinars/>
 - https://www.coordinare.org.au/assets/6fc030626a/NSW-Health_Older-People-and-Alcohol_May-2019.pdf
 - <https://www.psa.org.au/prescription-medicines-safety/>
 - <https://www.acn.edu.au/education/drug-and-alcohol>
 - HealthPathways
 - [ACT and Southern NSW Alcohol and Drugs Pathways](#)
 - [Illawarra Shoalhaven Alcohol and Drugs Pathways](#)

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