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## FUNCTIONAL NEUROLOGICAL DISORDER (FND) TELEHEALTH GROUP

Dear Doctor,

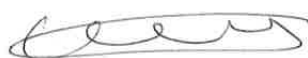
Functional Neurological Disorder is a debilitating condition that involves motor or sensory dysfunction that is not explained by a known neurological or medical illness. Common symptoms include movement disorders such as weakness or tremor, and dissociative episodes, sometimes called non-epileptic or pseudo seizures. Other symptoms can include speech and cognitive changes.

In the Illawarra Shoalhaven Local Health District an FND Group was established to provide educational intervention for people diagnosed with FND. The FND Group runs for 6 weeks and is delivered online via Telehealth. Each weekly session is 2.5 hours in length and covers various topics with a focus on education and self-management of FND symptoms. The Group is facilitated by a multidisciplinary team including psychologists, physiotherapist, dietitian, neuropsychologist, psychiatrist, and community advocate.

The FND Group is part of a research study: "Evaluating an online multidisciplinary and cognitive behavioural group treatment for Functional Neurological Disorder (FND): A randomised wait-list control design". 2023/ETH02713.

We are now able to accept referral for individuals who reside in the Southern NSW Local Health District. Please see our included brochure and Participant Information Sheet. If you have a patient who has been diagnosed with FND and you would like to refer them to the FND Group, please send your referral letter to [ISLHD-FNDGroup@health.nsw.gov.au](mailto:ISLHD-FNDGroup@health.nsw.gov.au)

Kind regards,



Dr Danielle Feros  
*Clinical Psychologist*



Dr Samantha Broyd  
*Clinical Psychologist*