



Supporting Healthy Futures for Aboriginal and Torres Strait Islander Peoples

Would your practice like support to improve care for your Aboriginal and Torres Strait Islander patients?

You are invited to take part in a research trial to increase and improve the implementation of 715 Health Checks for Aboriginal and Torres Strait Islander peoples and associated care.

What will practices be asked to do?

All practices will be asked to participate in data collection activities, including:

- Consent for Pen CS to conduct remote data extraction of de-identified medical records
- Completion of a 10-min Staff survey
- Promotion of a Patient survey
- Clinical record audit of 20 Health Checks

Practices will be **randomly allocated** to either the Care Enhancement or Usual Care group. The following support and strategies will be implemented over a 12 month period.

Care Enhancement (CE):

Study Champions

Practices to nominate up to 2 staff to facilitate and monitor implementation of strategies.

Audit and Feedback

Bi-monthly data-based reports provided to practices on 715 rates, screening and medications.

Culturally Responsive Care

Prioritising and monitoring progress to achieving culturally safe and appropriate care.

Staff Education

Education and training resources for delivering high quality 715 Health Checks.

Patient Education

Patient resources promoting benefits of identifying to the practice, 715 Health Checks and what to expect.

Recall and Reminder

Templates for culturally appropriate reminder SMS and communication strategies for patients due for a Health Check.

Usual Care practices will have access to data-based reports, training resources, and SMS templates at the end of the project.

What are the benefits?

Practices will receive:

- \$4,200 - \$8,500 depending on group allocation and completion of data collection activities
- Tools and training opportunities to facilitate change towards culturally responsive care
- Data-based feedback that may be used for accreditation or to inform QI strategies
- Increased practice revenue through MBS715 and associated follow-ups

Practice staff will receive:

- 2 x \$30 gift cards for completion of two 10-min online surveys
- \$100 gift card for participation in a webinar
- \$50 gift card per month for 12 months for Study Champions in CE group

Patients will receive:

- \$30 gift card for completion of an online survey
- Opportunity to share their experiences and contribute to improving First Nations care

Is your practice eligible?

- Currently or willing to use CAT4 (aka PenCAT)
- Have at least 40 active adult clients recorded as Aboriginal and/or Torres Strait Islander
- Committed to implementing changes to improve First Nations health

What is the project timeline?

Participation required for 18 months (2026-2027)



For more information or to register your interest, please contact us:

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